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Protein Transfection Study Using Multicellular Tumor Spheroids of Human Hepatoma Huh-7 Cells

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Abstract

Several protein transfection reagents are commercially available and are powerful tools for elucidating function of a protein in a cell. Here we described protein transfection studies of the commercially available reagents, Pro-DeliverIN, Xfect, and TurboFect, using Huh-7 multicellular tumor spheroid (MCTS) as a three-dimensional in vitro tumor model. A cellular uptake study using specific endocytosis inhibitors revealed that each reagent was internalized into Huh-7 MCTS by different mechanisms, which were the same as monolayer cultured Huh-7 cells. A certain amount of Pro-DeliverIN and Xfect was uptaken by Huh-7 cells through caveolae-mediated endocytosis, which may lead to transcytosis through the surface-first layered cells of MCTS. The results presented here will help in the choice and use of protein transfection reagents for evaluating anti-tumor therapeutic proteins against MCTS models.


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Introduction

Multicellular tumor spheroid (MCTS) is known to be a very useful three-dimensional in vitro tumor model, which represents the morphological and functional features of in vivo avascular solid tumors [1–3]. MCTS is characterized by actively proliferating outer cell layers and hypoxic and quiescent inner cells. Compared to monolayer cultured cells, a long-term culture can be achieved by spheroid cell cultures with the sufficient maintenance of their functions. Therefore, MCTS is a good experimental model located between an in vitro monolayer cultured cell model and in vivo animal model. This model has been widely used not only for screening anti-tumor drug candidates [4,5], but also for investigating drug delivery systems (DDS) [6–9]. The deep percolation of anti-tumor drugs and their DDS into tumor tissues is necessary for successful therapy, and this can be evaluated using MCTS models.

Proteins are one of the most important biomacromolecules in all living cells. The application of proteins to research has ranged from biochemical experiments to drug discoveries. Proteins are easily degraded by protease and deactivated in or out of cells. A major key for the success of delivering proteins to cells directed to biochemical and drug discovery studies is the development of protein delivery systems with high efficiency and negligible cytotoxicity [10,11]. Several protein transfection reagents are commercially available due to the extensive development of excellent delivery systems [12,13]. Their reagents are powerful tools for elucidating the function of a protein in a cell and controlling cellular functions by an introduced protein.

We recently reported the intracellular internalization mechanism of three different commercially available protein transfection reagents, the lipid-based Pro-DeliverIN, peptide-based Xfect, and cationic polymer-based TurboFect [14]. These reagents were internalized into monolayer cultured HeLa cells by different mechanisms, which may be helpful in choosing and using protein transfection reagents for experiments. To gain further information into the biological properties of these reagents, we reused Pro-DeliverIN, Xfect, and TurboFect in this study, and evaluated their complexes with bovine serum albumin (BSA) against human hepatoma Huh-7 MCTS models as well as monolayer cultured cell models. We have already reported that Huh-7 cells were good models for MCTS [8,9]. Less attention has been paid to studies on protein transfection reagents using MCTS models. Cellular uptake studies using specific inhibitors of endocytosis and confocal laser scanning microscope (CLSM) observations clarified the internalization routes and final localization of each complex in Huh-7 MCTS. The results obtained here may be
informative for using protein transfection reagents against MCTS to screen and evaluate anti-tumor therapeutic proteins.

**Materials and Methods**

**Materials**

Pro-DeliverIN was purchased from OZ Biosciences (Marseille, France). Xfect was obtained from Clontech Laboratories, Inc. (Palo Alto, CA, USA). TurboFect was purchased from Fermentas (Glen Burnie, MD, USA). Dulbecco's modified Eagle's medium (DMEM), bovine serum albumin (BSA), fluorescein isothiocyanate conjugate BSA (FITC-BSA), filipin III from *Streptomyces filipinesis*, and amiloride hydrochloride were purchased from Sigma-Aldrich Co. (ST. Louis, MO, USA). Heparin, Cell lysis buffer M, and sucrose were the products of Wako Pure Chem. Co., Ltd. (Osaka, Japan). Hoechst 33342 was purchased from Dojindo Laboratories (Kumamoto, Japan).

**Preparation of protein transfection reagent/BSA complex**

Each protein transfection reagent/BSA or FITC-BSA complex was prepared according to the manufacturer's protocols and the previous study [14]. Briefly, 1.0 μL of Pro-DeliverIN reagent, 3.0 μL of 1X Xfect protein transfection reagent stock solution, and 0.8 μL of TurboFect protein transfection reagent were used to prepare complexes containing 1.0 μg of BSA or FITC-BSA, respectively.

**Dynamic light scattering (DLS) measurement**

The size of BSA complexes was evaluated by DLS using Nano ZS (ZEN3600, Malvern Instruments, Ltd., UK). A He–Ne ion laser (633 nm) was used as the incident beam. The data obtained at a detection angle of 173° and a temperature of 37°C were analyzed by a cumulant method to obtain the hydrodynamic diameters and polydispersity index (PDI) (μm²) of complex. The results are presented as the mean and standard deviation obtained from 3 measurements.

**Zeta-potential measurement**

The zeta-potential of BSA complexes was evaluated by the laser-Doppler electrophoresis method using Nano ZS with a He–Ne ion laser (633 nm). The zeta-potential measurements were carried out at 37°C. A scattering angle of 173° was used in these measurements. The results are presented as the mean and standard deviation obtained from 3 measurements.

**Cell culture and preparation of multicellular tumor spheroid (MCTS)**

Human hepatoma Huh-7 cells (JCRB Cell Bank, Osaka, Japan) were maintained in DMEM supplemented with 10% fetal bovine serum in a humidified atmosphere containing 5% CO₂ at 37°C. MCTS was prepared by using a 96-well culture plate designed for spheroid formation (Sumiloncelltight, Sumitomo Bakelite, Tokyo, Japan) as reported previously [8,9]. Briefly, 200 μL of the cell suspension (2,500 cells/mL) was seeded onto a 96-well culture plate. After overnight incubation, MCTS with a diameter of ca. 150 μm was spontaneously formed in each well.

**Cellular uptake using monolayer cultured cells**

Each protein transfection reagent/FITC-BSA complex solution was then applied to each well (0.25 μg FITC-BSA/well). After 3h incubation, the medium was removed, and cells were washed 3 times with ice-cold PBS supplemented with heparin (20 units/mL) and treated with Cell lysis buffer M. The fluorescence intensity of the lysate at 515 nm (white LED excitation) was measured by a spectrofluorometer (ND-3300, NanoDrop, Wilmington, DE, USA) and cellular uptake protein (dose%) was calculated using a calibration curve. The results are presented as the mean and standard deviation obtained from 4 samples.

**Inhibition of endocytosis using monolayer cultured cells**

Huh-7 cells were seeded onto 96-well culture plates (10,000 cells/well) and incubated overnight in 100 μL of medium. After replacement with fresh medium in the absence or presence of sucrose (0.4 M), amiloride (5 mM), or filipin (5 μg/mL), cells were pre-incubated at 37°C for 30 min. Each protein transfection reagent/FITC-BSA complex solution was then applied to each well (0.25 μg FITC-BSA/well) and incubated for 1h (in the case of amiloride and filipin) or 3h (in the case of sucrose). The experimental conditions were as reported previously [14]. After each incubation time, the medium was removed and cells were washed 3 times with ice-cold PBS supplemented with heparin (20 units/mL) followed by treatment with Cell lysis buffer M. The fluorescence intensity of the lysate at 515 nm (white LED excitation) was measured by the ND-3300. The results are presented as the mean and standard deviation obtained from 3 samples.

**Cellular uptake using MCTS**

Each protein transfection reagent/FITC-BSA complex solution was then applied to each well with MCTS (0.25 μg FITC-BSA/well). After 3h incubation, the medium was removed, and MCTS was washed 3 times with ice-cold PBS supplemented with heparin (20 units/mL) followed by treatment with Cell lysis buffer M. The fluorescence intensity of the lysate was measured by a spectrofluorometer (ND-3300, NanoDrop) and cellular uptake protein (dose%) was calculated using a calibration curve. The results are presented as the mean and standard deviation obtained from 4 samples.

**Inhibition of endocytosis using MCTS**

MCTS was pre-incubated at 37°C for 30 min with medium in the absence or presence of sucrose (0.4 M), amiloride (5 mM), or filipin (5 μg/mL). Each protein transfection reagent/FITC-BSA complex solution was then applied to each well (0.25 μg FITC-BSA/well) and incubated for 1h (in the case of amiloride...
Physicochemical characterization of BSA complexes

The mean size and zeta-potential of BSA complexes were different according to the protein transfection reagents (Table 1). Xfect showed small size of 32.3 nm and positive charge of +8.89 mV, while Pro-DeliverIN and TurboFect showed bigger sizes of 832 and 393 nm and negative charges of –13.2 and –25.9 mV, respectively. PDI of Pro-DeliverIN, Xfect, and TurboFect were 0.394, 0.342, and 0.551, which were quite high compared to ideal monodisperse nano particles.

<table>
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<tr>
<th>Protein Transfection Reagent</th>
<th>Size (nm)</th>
<th>Zeta-potential (mV)</th>
<th>PDI (μm²)</th>
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<tr>
<td>Pro-DeliverIN</td>
<td>832±53</td>
<td>+8.89±0.31</td>
<td>0.394±0.007</td>
</tr>
<tr>
<td>Xfect</td>
<td>32.3±4.2</td>
<td>8.89±0.31</td>
<td>0.34±0.007</td>
</tr>
<tr>
<td>TurboFect</td>
<td>393±12</td>
<td>-25.9±1.0</td>
<td>0.55±0.039</td>
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Effect of endocytosis inhibitors on the internalization of BSA complexes

To clarify the mechanism of each complex internalization into Huh-7 monolayer cultured cells and MCTS, inhibitory experiments of cellular uptake were carried out using specific endocytosis inhibitors (Figure 2). The effects of the following endocytosis inhibitors on the internalization of complexes were examined: sucrose (a specific inhibitor of clathrin-mediated endocytosis); amiloride (a specific inhibitor of macropinocytosis); and filipin (a specific inhibitor of caveolae-mediated endocytosis) [14–16]. Similar results were obtained from experiments using monolayer cultured cells and MCTS. The cellular uptake of Pro-DeliverIN complexes was significantly lowered by treatments with sucrose and filipin than by the treatment with no additive control, which implied that the internalization of Pro-DeliverIN complexes into Huh-7 cells occurred via clathrin-mediated endocytosis and caveolae-mediated endocytosis. In the case of Xfect complexes, the amiloride treatment caused an approximately 40-50% decrease in the amount of cellular uptake. Filipin also significantly decreased the internalization of Xfect complexes. Xfect complexes may be mainly internalized into Huh-7 cells via macropinocytosis, but with the addition of caveolae-mediated endocytosis. The results obtained on the internalization of TurboFect complexes demonstrated that incubation in the presence of amiloride significantly affected cellular uptake, while that in the presence of sucrose and filipin did not. These results indicate that the TurboFect complexes were internalized into Huh-7 cells preferentially through macropinocytosis. It is worth mentioning again that each transfection reagent appeared to be internalized into Huh-7 monolayer cultured cells and MCTS by same mechanism.

MCTS distribution of complexes

The distribution of each complex in MCTS was investigated by CLSM equipped with 40X (Figure 3) and 100X objectives (Figure 4) using FITC-BSA (green)-incorporated complexes. Hoechst 33342 was used to label nuclei (blue). Using the 40X
objective, the entire spheroid was observed from the top view with the Z-stack mode from the top to middle positions (Figure 3A). The intensity of the observed FITC-BSA in MCTS treated with TurboFect complexes was the highest. These results were consistent with those of cellular uptake in Figure 1B. MCTS treated with Pro-DeliverIN and Xfect complexes showed similar distribution profiles to FITC-BSA, in which green fluorescence was mainly observed in the surface-first layered cells, but was also moderately observed in the inner layered cells. On the other hand, TurboFect complexes displayed FITC-BSA distribution only in the surface-first layered cells. A more detailed observation of FITC-BSA in MCTS was carried out in experiments using the 100X objective (Figure 4). The distribution of FITC-BSA was confirmed not only in the surface-first layered cells, but also in the nuclei especially in MCTS treated with TurboFect complexes. A small amount of FITC-BSA in the Pro-DeliverIN and Xfect complexes was observed in the inner layered cells of MCTS. MCTS treated with TurboFect complexes showed green fluorescence only in the surface-first layered cells. These results were consistent with the images taken by the 40X objective.

Discussion

Protein therapy is increasingly recognized as a promising therapy for many intractable diseases [17,18]. Many clinical trials exploring protein therapy are currently underway and several systems are available for clinical use [19,20]. Most clinically used protein drugs have their functional roles in extracellular milieu because their target molecules are generally cell-surface receptors [21]. A next-generation protein drug may target intracellular molecules; therefore, a major key to success is the development of protein delivery systems that have high delivery efficiency not only to the target tissue, but also to the target intracellular compartment [10–13]. Several types of protein transfection reagents are commercially available for biochemical experiments [12,13,22]. They may not be available for clinical use, but it is important for researchers to know their biological properties, which may lead to the discovery of an excellent protein drug. Recent in vitro studies revealed that three different commercially available protein transfection reagents, Pro-DeliverIN, Xfect, and TurboFect were uptaken by monolayer cultured HeLa cells through different routes [14]. To obtain further information, we herein evaluated their protein trasfection reagents using Huh-7 MCTS models, which are useful three dimensional in vitro avascular tumor models.

The size and zeta-potential of BSA complexes were measured to know their physicochemical properties (Table 1). In general, polymer complexes between cationic polymers, liposomes, or peptides and anionic macromolecules such as DNA, RNA, or proteins, have positive surfaces with several tens to several hundreds nm. Contrary to our expectation, Pro-DeliverIN and TurboFect complexes had negative surface. We estimated that three commercially available reagents might include the additives, which affected the physicochemical properties of their BSA complexes.
The amount of TurboFect/FITC-BSA complexes internalized into Huh-7 MCTS was significantly higher than that of Pro-DeliverIN and Xfect complexes (Figure 1B). The results obtained from experiments using monolayer cultured cells showed that the cellular uptake of Xfect and TurboFect was more efficient than that of Pro-DeliverIN (Figure 1A). The amount of FITC-BSA (dose%) uptaken by MCTS was approximately 1/7 to 1/25 that of monolayer cultured cells, which may have been due to the number of cells used in each experiment. Five hundred Huh-7 cells were used in one experiment to evaluate MCTS and 10,000 cells were used in an experiment using monolayer cultured cells. Furthermore, the cell surface area of MCTS exposed to the medium with the complexes was much smaller than that of monolayer cultured cells even though the same number of cells were used. No cytotoxicity against both monolayer cultured cells and MCTS was observed under all experimental conditions (data not shown).

Inhibitory experiments using specific inhibitors of endocytosis were carried out in order to elucidate the intracellular internalization routes of each complex against monolayer cultured cells and MCTS (Figure 2). The results obtained from MCTS were similar to those from monolayer cultured cells, which were also consistent with previous results using monolayer cultured HeLa cells. Each protein transfection reagent may be internalized into cells through the same routes in spite of the cell type (Huh-7 and HeLa cells) [14] and cell morphology (monolayer cultured cells and spheroid cells). Pro-DeliverIN complexes were preferentially internalized into Huh-7 cells via clathrin-mediated endocytosis and caveolae-mediated endocytosis. Huh-7 cells took up Xfect complexes by macropinocytosis and, in addition, caveolae-mediated endocytosis. TurboFect was preferentially internalized into Huh-7 cells through macropinocytosis.
endocytosis. On the other hand, only macropinocytosis appeared to be the internalization route of TuboFect complexes. Based on these results, we can choose and use an appropriate protein transfection reagent according to the type of experiment being conducted.

CLSM observations with nuclei staining (blue) were carried out to clarify the distribution of each complex in MCTS (Figures 3 and 4). Figure 3B shows each complex distribution (green) in MCTS using the 40X objective. TuboFect complexes were distributed only in the surface-first layered cells. MCTS treated with Pro-DeliverIN and Xfect complexes showed strong FITC-BSA distribution in the surface-first layered cells, but modest distribution in the inner layered cells. The scale bars represent 50 μm.

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Figure 3. CLSM observations (40X objective) of each FITC-BSA complex using MCTS. A: Schematic illustration of MCTS observed in these experiments. The full size of MCTS was observed from the top view with the Z-stack mode from the top to middle positions. The optical thickness and the distance of the confocal section from the top of MCTS were 0.60 μm and 20 μm, respectively. B: The intra-MCTS distribution of FITC-BSA (green) complexes with Pro-DeliverIN, Xfect, and TurboFect was observed by CLSM using the 40X objective with staining nuclei (blue) shown in A. A certain amount of FITC-BSA complexes with Pro-DeliverIN and Xfect was observed in the inner layered cells. On the other hand, TurboFect showed FITC-BSA distribution only in the surface-first layered cells. The scale bars represent 50 μm.

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Figure 4. CLSM observations (100X objective) of each FITC-BSA complex using MCTS. A: Schematic illustration of MCTS observed in these experiments. About one quarter size of MCTS was observed from the top view. The optical thickness and the distance of the confocal section from the top of MCTS were 0.38 μm and 20 μm, respectively. B: The intra-MCTS distribution of FITC-BSA (green) complexes with Pro-DeliverIN, Xfect, and TurboFect was observed in detail by CLSM using the 100X objective with staining nuclei (blue). A small amount of FITC-BSA was observed in the nuclei, especially in TurboFect. The scale bars represent 20 μm.

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have been proposed for the appearance of green color in the inner cells of MCTS. The first is that complexes went through intercellular compartments, in which the extracellular matrix including polysaccharides and proteins existed. It is generally difficult for macromolecules and nano-sized particles to move freely across the extracellular matrix [2]. The second is that transcytosis caused percolation of the complexes. A similarity between Pro-DeliverIN and Xfect complexes is that caveolae-mediated endocytosis was involved in Huh-7 cellular uptake. In addition, caveolae-mediated transcytosis has been reported to be a possible vesicular trafficking pathway through cell barriers [23,24]. Thus, it is reasonable to assume that some Pro-DeliverIN and Xfect complexes could pass through the surface-first layered cells by caveolae-mediated transcytosis. The results obtained from CLSM observations using specific endocytosis inhibitors were consistent with this hypothesis (Figure S2). Filipin, which is a caveolae-mediated endocytosis inhibitor, obviously affected on the percolation of Pro-DeliverIN and Xfect complexes, while sucrose and amiloride did not. CLSM observations using the 100X objective revealed a more detailed complex distribution in MCTS, in which small amount of complexes was colocalized in the nuclei of surface-first layered cells (Figure 4B). The outer cell layers of MCTS actively proliferate, which may allow the complexes to enter nuclei during mitosis. CLSM observations were not performed completely because it was difficult to observe deep inner layered cells in MCTS [7,8]. However, the results obtained here exhibited a clear decline according to the each reagent, even in the observations of surface-second layered cells in MCTS.

In conclusion, three commercially available protein transfection reagents, Pro-DeliverIN, Xfect, and TurboFect were evaluated using Huh-7 cells in this study. Each reagent had preferential cellular uptake routes, which were the same by monolayer cultured cells and MCTS of Huh-7. In addition, the internalization mechanism affected the distribution of each reagent in MCTS, that is, caveolae-mediated endocytosis/transcytosis delivered Pro-DeliverIN and Xfect complexes to the inner cells. These results may be helpful in choosing and using protein transfection reagents for in vitro monolayer cultured cells and MCTS experiments with the aim of evaluating anti-tumor therapeutic proteins.

Supporting Information

Figure S1. Semi-quantitative analyses of intra-MCTS distribution of FITC-BSA complexes. Fluorescence intensity of each first layered cell or second layered cell was measured from the obtained images by CLSM using the 40X objective. Error bars in the graph represent the standard deviation, n = 14. *p<0.05 and **p<0.01.

Figure S2. CLSM observation of each complex using MCTS with specific endocytosis inhibitors. Effects of inhibitors on the internalization of FITC-BSA complexes were evaluated using Huh-7 MCTS by CLSM observation (40X objective). The optical thickness and the distance of the confocal section from the top of MCTS were 0.60 μm and 20 μm, respectively. A: MCTS was observed in the absence or presence of sucrose (a clathrin-mediated endocytosis inhibitor) under the condition of 30 min pre-incubation and 3h incubation of FITC-BSA complexes. B: MCTS was observed in the absence or presence of amiloride (a macropinocytosis inhibitor) or filipin (a caveolae-mediated endocytosis inhibitor) under the condition of 30 min pre-incubation and 1h incubation of FITC-BSA complexes. The scale bars represent 50 μm.

Author Contributions

Conceived and designed the experiments: MT MO. Performed the experiments: TK MO. Analyzed the data: MO. Contributed reagents/materials/analysis tools: TK MO. Wrote the manuscript: MT MO.

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